

**American Association of Medical Review Officers
Publishes Expanded 9th Edition
Medical Review Officer Handbook**

An Essential Resource for Everyone Involved in Drug Testing

DURHAM, NC, July 15, 2009 — Medical Review Officers (MROs), physicians, toxicologists, drug testing administrators and human resource executives involved in drug testing will benefit from the *Medical Review Officer's Handbook, 9th Edition* available now and published by the American Association of Medical Review Officers (AAMRO) (www.aamro.com).

This expanded 9th edition serves as both an essential reference text and practical guide to drug testing and presents a concise integration of the science, technology, medicine, law, policy and cultural issues relevant to drug testing. This new edition covers the critical issues of prescription drug abuse, hair testing, oral fluid tests and federally mandated drug testing. Detailed profiles of drugs, metabolites and their interpretation is provided, along with alcohol testing, testing of prescription drugs, hallucinogens, stimulants, depressants, and federal and state-by-state laws.

AAMRO is the leading organization providing education, training and certification for physicians as medical review officers. MROs are physicians who receive, review and interpret urine, hair, oral fluid and sweat patch drug test results, on behalf of employers, federal agencies, the courts and healthcare providers.

The *Medical Review Officer Handbook, 9th Edition* is available from the aamro.com website and by calling 800-489-1839. The cost is \$125. Authored by Theodore Shults, JD, MS, chairman of AAMRO, (with expert contributors) this essential up-to-date resource should be embraced by occupational health workers, family practice doctors, MROs, toxicologists, addictionologists, and members of the drug testing community, human resources, transportation, legal and law enforcement professions.

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Distributors interested in distributing the Medical Review Officer Handbook 9th Edition should contact Cindy Ferrell or Barbara Brandon at aamro.com

About the Author

Theodore F. Shults, JD, MS, has worked in drug and alcohol testing for 30 years as a consultant, toxicologist, attorney and teacher. He is the founder and chairman of the American Association of Medical Review Officers. Mr. Shults has worked with and trained thousands of physicians as MROs and is the editor of the monthly MROALERT journal. Mr. Shults is a member of the board of directors of the American Board of Forensic Toxicology (ABFT). Mr. Shults has also served as a consultant to federal agencies including the Department of Transportation, Department of Health and Human Services, NASA and NSA and serves as a peer reviewer for the National Institute of Justice and consults to wide range of employers and organizations.

About AAMRO

The **American Association of Medical Review Officers, Inc.** (www.aamro.com) founded in 1991, is a medical society dedicated to establishing national standards and certification of medical practitioners and other professionals in the field of drug and alcohol testing. AAMRO has certified more than 6,000 physicians from nearly a dozen nations as medical review officers.

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