Recertification

AAMRO Certification Update: Physicians certified by AAMRO prior to 2008 must recertify in five years to remain in good standing. AAMRO certification and recertification obtained after January 1, 2008 will be valid for six years.

The recertification process demonstrates that MROs are current in their knowledge and performance of the essential duties of MROs. It is designed to inform and assess the MRO's knowledge of rule changes, current practices and procedures and technical issues. The exam is both a self-evaluation and an MRO diagnostic tool.

The recertification exam may be completed online. Participants select a date to take the exam and have a specified time limit in which to complete it. This is an open-book exam. Applicable study materials are noted on the application and may be ordered through AAMRO.

Physicians currently certified or recertified by AAMRO are listed as 'In Good Standing' in the AAMRO Registry of Certified Medical Review Officers.

DOT regulations require that MROs complete 12 hours of continuing medical education in this field every three years.

CME Credit: Approved for 16 prescribed credit hours by the American Academy of Family Physicians.

Download an application form at www.aamro.com, or call AAMRO at (800) 489-1839.
The Medical Review Officer Handbook, 9th Edition
Newly Published—Updated and Expanded
The essential resource for Medical Review Officers, laboratories and drug testing professionals. Relevant information at your fingertips.

A Critical Assessment and Integration of:
- MRO Practice and Procedures
- Existing and Emerging Technology
  - Hair, Oral Fluid and Sweat Testing
- Interpretation of Results
- Toxicology of Drugs of Abuse
- Prescription Drug Abuse
- Alcohol Testing
- Federal Regulations
- State and Federal Law
- Public Policy
- Risk Management and Legal Issues

The AAMRO MRO Center
This membership-based online industry portal is a vast resource of information for drug and alcohol testing professionals. The portal includes news and commentary, searchable archives of the eMROALERT journal, government mandates and regulatory updates, an electronic store and fee-based online training and recertification examinations.

The eMROALERT Journal
Published 10 times during the year, the eMROALERT is the preeminent industry resource that directly supports the private and public sector drug and alcohol testing professional. It is available to MRO Center members as part of their yearly membership fee.

The eMROALERT journal informs MROs of:
- Changes in Federal Requirements
- Technical Developments
- Industry Trends
- State Laws
- New Litigation
- Risk Management
This training program and exam prepares physicians to act as Medical Review Officers for regulated and non-regulated workplace drug testing programs.
AAMRO Programs and Continuing Medical Education

General Information
AAMRO’s training programs and exams prepare and certify physicians as Medical Review Officers for regulated and non-regulated workplace drug testing programs. Participants receive a copy of the Medical Review Officer Handbook and extensive course reference notes and copies of slide presentations.

Comprehensive MRO Training Including Hair, Sweat, Oral Fluid, Alcohol Testing and AAMRO Certification (2.5 days)
This is a comprehensive overview of the role and responsibilities of the Medical Review Officer in workplace drug testing programs.

Learning Objectives:
- Implementation of DOT regulations for drug and alcohol testing.
- Procedures for obtaining specimen collections.
- Performing MRO duties, including verifying and reporting results.
- How to determine and document alternative medical explanations.
- Review of prescription drug use within the scope of workplace drug testing.
- Discussion and analysis of alternative drug testing (hair, sweat and oral fluids).
- Federal standards for substance abuse evaluations and the return-to-duty process.

MRO Update (1.5 days)
This program updates certified MROs and other drug testing professionals on federal regulations and MRO practice.

Learning Objectives:
- Review regulatory, technical and procedural developments in MRO practice.
- Review technical issues that can impact split-specimen test results.
- Receive information on the science and interpretation issues involved in hair testing, oral fluid testing and sweat testing.
- Understand the advantages and limitations inherent in each type of specimen (urine, hair, oral fluid, sweat) and interpretation of results.
- Address the best practices for legal compliance and risk management.

CME Credits
These AAMRO programs are accepted for the following prescribed credit hours by the American Academy of Family Physicians:

Comprehensive MRO Training: 21.75 hours
MRO Update: 13.75 hours

All programs meet the requirement of 12 CME hours of Medical Review Officer training every three years as mandated by the U.S. Department of Transportation (49 CFR Part 40).

Attendees
Physicians, nurses, MRO assistants and other professionals involved in workplace drug testing.

Comprehensive MRO Training: $1075
AAMRO Certified Physicians discounted price: $900
MRO Update: $700
AAMRO Certification Exam: $400

Fees cover all program materials including the Medical Review Officer Handbook and a year membership to the MRO Center.

CALL: 800-489-1839
FAX: 919-490-1010
WEBSITE: www.aamro.com

Benefits:
- Certification is valid for six (6) years and meets current federal regulations
- Online listing in the searchable Registry of Certified MROs with easy access for potential employers
- Credentials to perform regulated and non-regulated drug testing
- Member of a nationally recognized credentialing organization in the field of alcohol and drug testing

Membership includes:
- Medical Review Officer Handbook (included with seminar materials—great resource)
- Toll-free number for fast and easy registration
- Technical Support
- Online recertification testing (convenient and cost effective)
- CME credits
- Business development and networking opportunities

Travel and Hotel Accommodations
Program participants are responsible for travel and hotel reservations, which are not covered by the program fees. Special room rates for program attendees are provided at each hotel. These rates are guaranteed only until the stated booking deadline and may sell out quickly, so please reserve early.
Program Calendar

<table>
<thead>
<tr>
<th>Dates</th>
<th>Program Offered</th>
<th>Location</th>
<th>Hotel</th>
<th>Hotel Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 23–25, 2010</td>
<td>Comprehensive &amp; Exam MRO Update</td>
<td>Chicago, IL</td>
<td>Hyatt Regency Chicago</td>
<td>March 22, 2010</td>
</tr>
<tr>
<td>April 24–25, 2010</td>
<td></td>
<td></td>
<td>151 E. Wacker Drive Chicago, IL</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>800-233-1234/312-565-1234</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Rate: $169</td>
<td></td>
</tr>
<tr>
<td>July 30–August 1, 2010</td>
<td>Comprehensive &amp; Exam MRO Update</td>
<td>Philadelphia, PA</td>
<td>Hyatt Penn's Landing 201 S. Columbus Blvd. Philadelphia, PA</td>
<td>July 9, 2010</td>
</tr>
<tr>
<td>July 31–August 1, 2010</td>
<td></td>
<td></td>
<td>800-233-1234/215-928-1234</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Rate: $149</td>
<td></td>
</tr>
<tr>
<td>October 1–3, 2010</td>
<td>Comprehensive &amp; Exam MRO Update</td>
<td>Orlando, FL</td>
<td>Hyatt Regency Grand Cypress One Grand Cypress Blvd. Orlando, FL</td>
<td>August 30, 2010</td>
</tr>
<tr>
<td>October 2–3, 2010</td>
<td></td>
<td></td>
<td>888-421-1442</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Rate: $139</td>
<td></td>
</tr>
</tbody>
</table>

Tentative Program Schedule

**Comprehensive MRO Training and Certification**

**Friday**
- 7:30 a.m. Registration
- 8:00 a.m. Program Begins
  - Overview of Workplace Drug Testing
  - Specimen Collection Procedures
  - Urine Laboratory Testing: Drugs and Specimen Validity
  - Alternative Medical Explanations
  - Managing Prescription Drugs
  - Alcohol Testing in the Workplace
- 5:30 p.m. Program Ends

**Saturday**
- 7:30 a.m. Registration
- 8:00 a.m. Program Begins
  - MRO Practices and Procedures
  - MRO Role in Non-Regulated Testing
  - Regulatory Update
  - Hair, Oral Fluid and Sweat Testing
  - Comparing Different Specimen Types
- 5:30 p.m. Program Ends

**Sunday**
- 8:00 a.m. Program Begins
  - MRO Verification of Hair, Oral Fluid and Sweat Test Results
  - Substance Abuse Professional Evaluations and Return-to-Duty Issues
  - Legal Issues and Risk Management
- 12:00 p.m. Program Ends
- 1:00 p.m. Certification Exam (2 hours)
You may also register online at www.aamro.com or by phone at (800) 489-1839.

Please Print or Type:  

First name, middle initial, last name

Employer name

Street/shipping address for course materials (no PO Box)

City  State/Province  Zip/Postal Code

Telephone number  Fax number  E-mail

Please Check Selected Program:

☐ Comprehensive Medical Review Officer Training Program $1075
   (Includes Medical Review Officer Handbook and Year Membership to MRO Center)
   ☐ Chicago, IL  April 23–25, 2010
   ☐ Philadelphia, PA  July 30–August 1, 2010
   ☐ Orlando, FL  October 1–3, 2010

☐ MRO Update $700
   (Includes Medical Review Officer Handbook and Year Membership to MRO Center)
   ☐ Chicago, IL  April 24–25, 2010
   ☐ Philadelphia, PA  July 31–August 1, 2010
   ☐ Orlando, FL  October 2–3, 2010

☐ AAMRO Certification Exam $400
   ☐ Chicago, IL  April 25, 2010
   ☐ Philadelphia, PA  August 1, 2010
   ☐ Orlando, FL  October 3, 2010

☐ UPS Priority delivery $25

Payment:

☐ Check enclosed (payable to: Quadrangle Research, LLC)
☐ MasterCard  ☐ VISA  ☐ American Express

Card #  Exp. Date  Security Code

Name as it appears on card

Mail Registration to: Quadrangle Research, LLC, P. O. Box 12873, Research Triangle Park, NC 27709
Fax Registration to: (919) 490-1010